

# Part B: Self-Development Plan

## Instructions:

1. Set at least **one** self-directed learning goal to enhance your RN practice.
2. Complete at least **one** learning activity related to your goal.
3. Identify how your learning impacted your RN practice.

*Tip: It is recommended that your self-development plan be SMART (Specific, Measurable, Attainable, Relevant and Timely). Check out the CCP Guide for details.*

### Learning Goal(s) and Activity(ies)

Learning goal(s)	Learning activity(ies) <i>(be as specific as possible)</i>	Expected date of completion	Date completed
I will learn about at least three less common sign and symptoms of secondary syphilis and one new syphilis intervention to improve client care	Read article Syphilis: Epidemiology, pathophysiology and clinical manifestations in patients without HIV. Authors Charles B Hicks MD, Meredith Clement MD Completed xxxx xx/21	xxxx xx, 2021	xxxx xx, 2021
	Lunch and Learn: the History Of Syphilis. Facilitated by xxxx xxxxx RN BN (masters student) IERHA on xxxx xx/21	xxxx xx, 2021	xxxx xx, 2021
	Penicillin skin Testing. xxxx xxxxx MD	xxxx xx, 2021	xxxx xx, 2021

REGISTRATION NUMBER: Exemplary Example #2

### Impact on my Nursing Practice

How did completing your learning activities impact your RN practice? Include at least one specific example. If you are not currently working, anticipate how your learning will impact your practice when you return to work.

I work in a xxxx facility and many of my clients have not had regular access to health care in a long time. Syphilis is very prevalent in the community I serve and secondary syphilis has many clinical manifestations. My learning activities have allowed me to better stage/identify secondary syphilis to ensure my clients receive appropriate treatment and ultimately lead to better health outcomes. This will also help decrease the spread during the current epidemic. Rashes have been particularly challenging for me to diagnose with secondary syphilis and this study has increased my ability to identify rashes appropriately. I have also studied less common signs of secondary syphilis. I have been able to identify symptoms such as neurosyphilis and gastrointestinal symptoms in my clients which I was not proficient at in the past. I have also implemented an intervention to increase client access to receive Penicillin desensitization at the allergy clinic in order for first line Penicillin G to be administered. I have done this through facilitating greater access to care by alerting the administration of the importance of first line treatment and providing information to clients to access the clinic if clinically safe to wait. This learning activity has increased my knowledge and I have been better able to identify clinical manifestations of syphilis with the clients I have cared for. Since starting this learning activity I have been able to provide better counselling and education through my increased knowledge of syphilis. I believe education is the key to decrease the spread of syphilis.

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